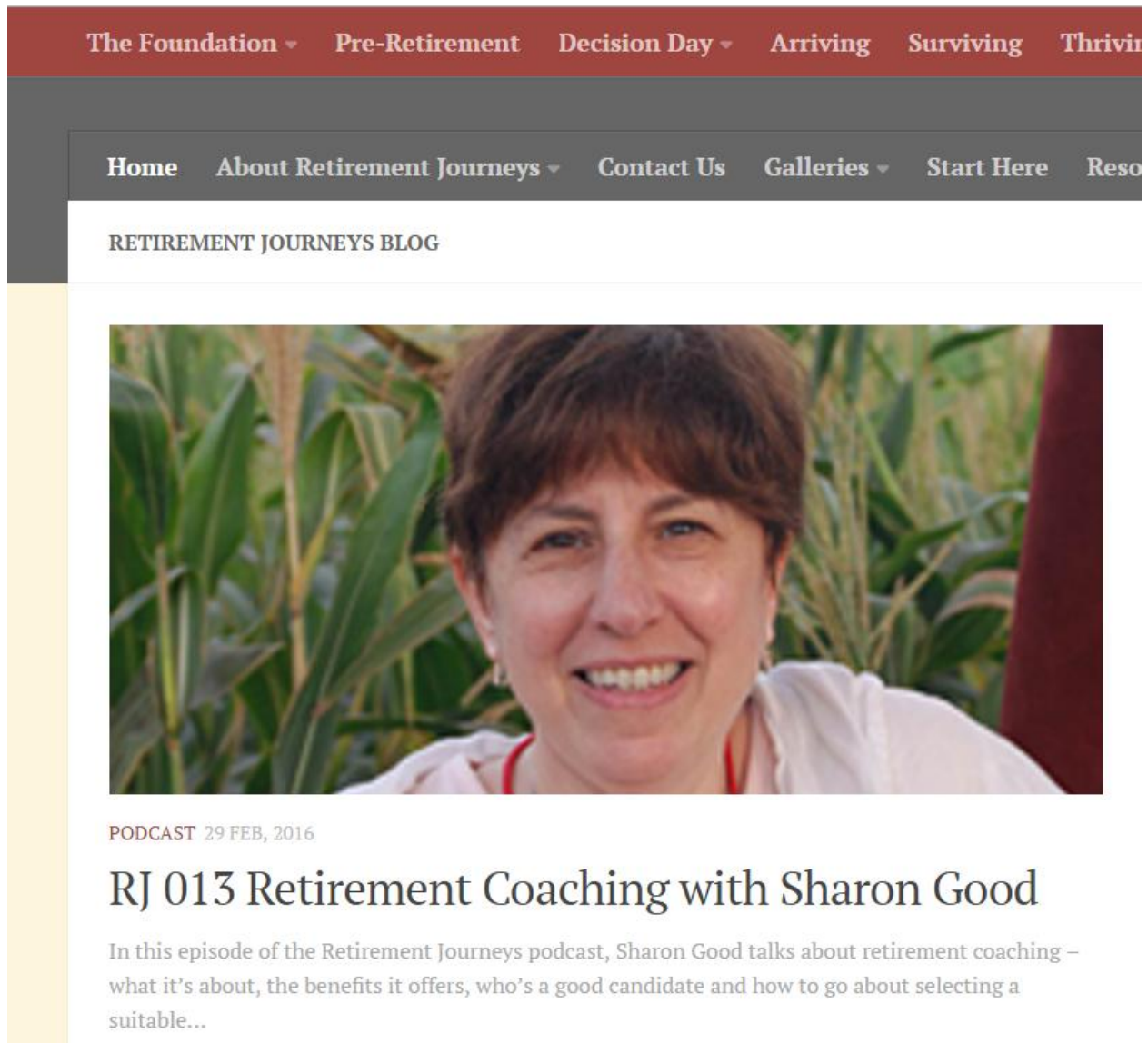


## How to Share a RJ Podcast

It is very easy to share a Retirement Journeys podcast.

1. Go to the RJ home page where you'll find the latest podcast in the Retirement Journeys Blog.




The screenshot shows the top navigation bar of the Retirement Journeys website. The main navigation menu includes: The Foundation, Pre-Retirement, Decision Day, Arriving, Surviving, and Thriving. A secondary navigation menu includes: Home, About Retirement Journeys, Contact Us, Galleries, Start Here, and Resources. Below the navigation is a section titled "RETIREMENT JOURNEYS BLOG". The featured podcast entry is titled "RJ 013 Retirement Coaching with Sharon Good", dated "PODCAST 29 FEB, 2016". The description reads: "In this episode of the Retirement Journeys podcast, Sharon Good talks about retirement coaching – what it's about, the benefits it offers, who's a good candidate and how to go about selecting a suitable...". The image shows a woman with short brown hair, smiling, in front of a cornfield.

The Foundation ▾ Pre-Retirement Decision Day ▾ Arriving Surviving Thriving

Home About Retirement Journeys ▾ Contact Us Galleries ▾ Start Here Resources

RETIREMENT JOURNEYS BLOG



PODCAST 29 FEB, 2016

### RJ 013 Retirement Coaching with Sharon Good

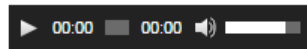
In this episode of the Retirement Journeys podcast, Sharon Good talks about retirement coaching – what it's about, the benefits it offers, who's a good candidate and how to go about selecting a suitable...

2. Click on the podcast photo or title.

PODCAST

## RJ 013 Retirement Coaching with Sharon Good

BY TEDCARR654 · FEBRUARY 29, 2016



Podcast: [Play in new window](#) | [Download](#) | [Embed](#)

SHARE

54



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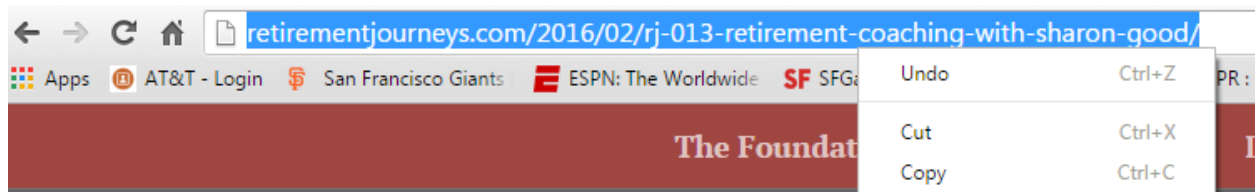
In this episode of the Retirement Journeys podcast, Sharon Good talks about retirement coaching – what it’s about, the benefits it offers, who’s a good candidate and how to go about selecting a suitable coach.

Sharon has served as a life and retirement coach since 1997. She enjoys helping people make transitions whether from one career to another or from the work world into retirement life. She is an author, publisher and photographer. As a creative person, Sharon is especially versed in coaching creative individuals.

Sharon is making her popular eBook *7 Steps to a Successful Career Transition* available to you at no cost to thank you for listening to her podcast. [Click](#)

3. There are two ways to share the podcast.

1) Right click on the page url located at the top.



Then click on copy (or Ctrl C). You can paste this link in an email, post it on Facebook, Tweet it just to name a few.

2) The second way to share the podcast actually results in sending the “player”.

On the podcast page, you’ll find 3 options next to Podcast: Play in new window, download or embed.



The screenshot shows the Retirement Journeys website. The header features the logo "RETIREMENT JOURNEYS" and the tagline "Inform, Engage & Inspire". A navigation menu includes "Home", "About Retirement Journeys", "Contact Us", "Galleries", "Start Here", and "Reso". The main content area is titled "PODCAST" and features the episode "RJ 013 Retirement Coaching with Sharon Good" by TEDCARR654, dated February 29, 2016. A podcast player is embedded, showing a play button and a progress bar. Below the player are three options: "Podcast: Play in new window | Download | Embed". To the right, there is a "SHARE" section with social media icons for Facebook (54 likes), Google+, and Pinterest (0 shares). The text below the player describes the episode content and provides a brief biography of Sharon Good.

When you click on Embed you’ll some code will pop up. This code is for the “player”.

PODCAST

# RJ 013 Retirement Coaching with Sharon Good

BY TEDCARR654 · FEBRUARY 29, 2016



Podcast: [Play in new window](#) | [Download](#) | [Embed](#)

```
<iframe width="320" height="30" src="http://retirementjourneys.com/?po
```



SHARE

54



Right click anywhere on the displayed code. One option will be copy. Select copy.

You can then copy the code in an email, post it on Facebook, etc.

Instead of getting a link, recipients will receive a player that will enable them to start playing the podcast immediately.

The recipient's email will include the code:

```
<iframe width="320" height="30" src="http://retirementjourneys.com/?powerpress_embed=1605-podcast&amp.powerpress_player=mediaelement-audio" frameborder="0" scrolling="no"></iframe>
```

When they click on the code they'll see the player and all they have to do to listen is to click on the arrow.



That's all it takes to share a podcast!