

Guide for Listening to a RJ Podcast

1. Go to the RJ homepage

The podcast is the first page you see under “Retirement Journeys Blog”. Podcasts are labeled as “RJ 0xx” and include a photo of the guest.

The screenshot shows the Retirement Journeys website homepage. At the top, there is a navigation menu with links: The Foundation, Pre-Retirement, Decision Day, Arriving, Surviving, and Thriving. Below this is the site logo "RETIREMENT JOURNEYS" with the tagline "Inform, Engage & Inspire". A secondary navigation menu includes Home, About Retirement Journeys, Contact Us, Galleries, Start Here, and Resources. The main content area is titled "RETIREMENT JOURNEYS BLOG". On the left, there is a large photo of Sharon Good, a woman with short brown hair, smiling in a field of corn. Below the photo, the text reads "PODCAST 29 FEB, 2016" and "RJ 013 Retirement Coaching with Sharon Good". A short description follows: "In this episode of the Retirement Journeys podcast, Sharon Good talks about retirement coaching – what it's about, the benefits it offers, who's a good candidate and how to go about selecting a suitable...". To the right of the main content, there is a "FOLLOW:" section with YouTube and Facebook icons. Below that is a "SUBSCRIBE TO OUR FREE NEWSLETTER" form with an "Email Address" input field and a "Subscribe" button. Further down is a "TAKE OUR SHORT SURVEY!" section for the "Retirement Journeys User Survey" with a note that "All information is confidential." At the bottom right, there is a list of recent content, including the featured podcast "RJ 013 Retirement Coaching with Sharon Good" and a "GENERAL INTEREST" article "An Open Letter to My Retiring Friend".

2. Click on the guest’s photo or the title of the podcast.

3. You will then see the podcast page which includes an overview of the podcast.

The Foundation ▾ Pre-Retirement Decision Day ▾ Arriving Surviving Thriving Q

RETIREMENT JOURNEYS

Inform, Engage & Inspire

Home About Retirement Journeys ▾ Contact Us Galleries ▾ Start Here Resources ▾

PODCAST

RJ 013 Retirement Coaching with Sharon Good

BY [TEDCARR654](#) · FEBRUARY 29, 2016

▶ 00:00 ▬ 00:00 🔊

Podcast: [Play in new window](#) | [Download](#) | [Embed](#)

In this episode of the Retirement Journeys podcast, Sharon Good talks about retirement coaching – what it’s about, the benefits it offers, who’s a good candidate and how to go about selecting a suitable coach.

Sharon has served as a life and retirement coach since 1997. She enjoys helping people make transitions whether from one career to another or from the work world into retirement life. She is an author, publisher and photographer. As a creative person, Sharon is especially versed in coaching creative individuals.

Sharon is making her popular eBook *7 Steps to a Successful Career Transition* available to you at no cost to thank you for listening to her podcast. [Click here](#) to obtain a copy.

? Sharon’s podcast including links to references

FOLLOW:

PREVIOUS STORY

◀ An Open Letter to My Retiring Friend

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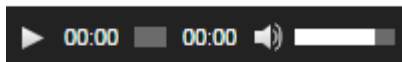
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PODCAST

RJ 013 Retirement Coaching with Sharon Good

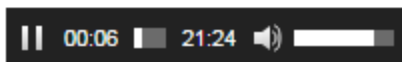
29 FEB, 2016

4. To listen, click on the standard “play” button (the sideways triangle) located under my name and the date. Be sure your speakers are turned on.



5. You can pause the podcast by clicking on the standard “pause” button and also control the speaker volume. That’s all there is to it!

BY [TEDCARR654](#) · FEBRUARY 29, 2016



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